



2025 Schedule
AOCDF Family & Caregiver
Support Group

Thursday January 9, 2025
Thursday February 13, 2025
Thursday March 13, 2025
Thursday April 10, 2025
Thursday May 8, 2025
Thursday June 12, 2025
Thursday July 10, 2025
Thursday August 14, 2025
Thursday September 11, 2025
Thursday October 9, 2025
Thursday November 13, 2025
Thursday December 11, 2025

These groups are held online via Google Meet. Please register at <https://www.aocdf.com/caregiver-groups> each month.

Groups cap at 15 attendees.

When: Second Thursday of the month (once/month)

Time: 7pm-8:30pm

Email: ocdalberta@gmail.com

Website: aocdf.com

(No fee for AOCDF members)